



GROUP COMPOSITION

AGE RANGE (Please circle)

7 - 10 / 11 - 12 / 13 - 15 / 16 - 18 / ADULT

APPROXIMATE OVERALL GROUP ABILITY (please tick)

Activity	Beginners	Intermediate	Experienced
Canoe/Kayak			
Cave			
Rock Climb/Abseil			
Mountain Bike			
Archery			

If experienced, please specify (e.g. star test courses etc)\_\_\_\_\_

HEIGHTS AND SEX OF MOUNTAIN BIKERS - If more than one group, please photocopy this sheet.

Please write: Group - Day/ Date and Session :( am; pm or eve)

HEIGHT	SEX	NUMBERS
Under 5'00" (152cm)	Male _____	_____
	Female _____	_____
5'0" - 5'3" (152 - 160cm)	Male _____	_____
	Female _____	_____
5'4" - 5'7" (162 -170cm)	Male _____	_____
	Female _____	_____
5'8" - 6'0" (173 - 183cm)	Male _____	_____
	Female _____	_____
Over 6'0" (over 183cm)	Male _____	_____
	Female _____	_____

Please detail any relevant medical conditions for your group\_\_\_\_\_

\_\_\_\_\_

\* If special needs group - please list details on a separate sheet

PLEASE SEND COMPLETED FORM TO:

**FOREST ADVENTURE**  
**3 Blakes Way, Staunton Road, Coleford Gloucestershire GL16 8EX**

Tel No: 01594 835116 Email [info@forestadventure.co.uk](mailto:info@forestadventure.co.uk)